

Using ISC to manage bladder dysfunction

INTERVIEWER: With your mobility and dexterity problems, are you coping alright with the intermittent catheterisation?

INTERVIEWEE: Absolutely fine, I don't have any problems at all. With my dexterity I can't really, I can feel my fingers, but not properly, it's like pins and needles all the time. But the catheter that I use, I did try different types of catheters, and the catheter I use has got a little handle on it which gives me some stability and I managed to get it straight in, drain off, and just take the catheter straight back out again.

So, I don't have any problems with it at all. I did have a lot of frequent infections when I first started it but I think that that was more related to the fact that I was getting, my bladder wasn't emptying properly, and they gave me quite an unusual antibiotic which then helped to sort the infection out and I now take prophylactic dose of nitrofurantoin every night which I have been on for a long time and that seems to, you know, touch wood, have kept the infections under control.