

Introduction to Week 5

JO BOOTH: Hello and welcome to week 5 of your Understanding Continence Promotion course brought to you by the Association for Continence Advice.

We've now had an in-depth look at both bladder and bowel normal functioning, and dysfunction. We've also discussed many of the causes of the problems that people encounter with their bladders and their bowels.

This week we will take a look at how to complete a comprehensive bladder and bowel assessment. This is perhaps the most important part of effective continence promotion.

If we don't get an in-depth assessment of the person and their difficulties, we can't make an accurate diagnosis of what their problems are - or decide how best to treat them.

We will explore the importance of assessment in coming to an accurate diagnosis. This includes the different activities involved in completing a comprehensive continence assessment.

If you have any questions or thoughts on what you're learning, please don't forget to post them in the comments forum.

I hope you enjoy the week.

Best of luck with it!